Child's Name	2017 NASHUA SUMMER SOCCER CAMP REGISTRATION FORM	TION FO
Address	Home #	
Medical Problems	Email Address	dress
TUITION NOT REFUNDABLE AFTER JULY 31, 2017 Cost for Camp: \$165 Full Camp	217 Cost for Camp: \$165	Full Carr
(must check box) I have read, agree to and completely understand the Release and Waiver of Liability online at www.gonashua.com. I understand that the City of Nashua and those associated with the camp program will be absolved of all injuries or accidents incurred this program. In the event of injury or accident, the staff has my permission to provide necessary medical care.	pletely understand the Relea ssociated with the camp prog f has my permission to provic	se and Waram will be necessa
Parent/Guardian(Sign Here)		Date:
Mail Check and Application to: Parks-Recreation Department, 100 Concord Street, Nashua, NH 03064-1729.  Make Checks Payable to: City of Nashua	tion Department, 100 Concord Street, Nash Make Checks Payable to: City of Nashua	reet, Nas o <b>f Nashu</b>

# WHERE TO OBTAIN PARKS & REC. INFORMATION



#### Nashua Park and Recreation

Information about Parks & Recreation events and clinics being held throughout the summer will be available at the following locations:

- Jeannotte's Market
- Bright Spot
- City Clerk's Office
- Nashua Public Library
- Public Schools
- Private Schools
- The Parks & Recreation Department

The Parks and Recreation Department can also be reached via the City of Nashua's website at www.gonashua.com.

Questions or concerns can be directed to:

Kellie Oberholtzer, Program Coordinator oberholtzerk@nashuanh.gov

#### **Nondiscrimination Policy**

The City of Nashua does not discriminate against any individual or group with respect to religion, color, national origin, sex, or handicap for the use of its parks and recreation facilities or any other programs.



City of Nashua, Division of Public Works Mayor Jim Donchess

# 2017 CARAMBA SOCCER CAMP

BOYS AND GIRLS
MINE FALLS SOCCER
FIELDS
AGES 7 - 15
AUGUST 7- AUGUST 11
9:00 AM - 3:00 PM
\$165 PER CAMPER

AGES 5 & 7 AUGUST 7- AUGUST 11 9:00AM—12:00PM \$115 PER CAMPER



\*\*Online registrations are now available\*\*

Please visit <a href="http://nashua.recdesk.com">http://nashua.recdesk.com</a> to pay online with credit card for all camps and programs.

# DIRECTOR/COACH

#### JORGE PARDO

- Head Soccer Coach at St. Paul's School
- 2005 CONCASCAF Stadium Announcer
- Former Director of Coaching for the NHSA Competitive/Amateur
- USSF "B" License
- USSF "National Youth" License
- NSCAA "Advanced National" Diploma
- NSCAA "Goalkeeping" Certificate
- 1982 member of U-17 Youth National Team in Columbia
- 1995 member of the Boston Storm, Professional Soccer Team
- 1999 NHIAA and NHSA Girls Coach of the Year

#### CARAMBA SKILLS

Our emphasis is on "THEME" training sessions that will be introduced to the players each day. Topics such as Defending, Attacking, Possession, Positional play, and Re-starts will be the focus of each day in addition to conditioning and skill development. Goalkeeping will be done every day as part of the program. Our philosophy is to promote many touches on the ball through the use of games. Many of our coaches are educators as well as players, and understand the physical and psychological development of the participants we work with. Caramba camps having been working with the City for over 19 years. They have provided a safe and fun learning environment for the game of Soccer. Not only learning about the game of soccer but teaching about team play, which is an important part of being part of a team.

# PROGRAM CONTENT

- Goalkeeping
- Speed Training/plyometric
  - Multi-touch training
    - Dribbling skills
- First touch & receiving
  - Finishing
- Iv1 & 2v2 attacking & defending
  - 4v4 soccer arenas
  - Game situations

# **Daily Activities**

- A warm-up session will be completed before activities begin, and a cool down session will be performed at the end of each day to avoid unnecessary injuries
- Goalkeeper training will be provided on a daily basis
- Six training stations include coervers, passing, dribbling, receiving, shooting and fitness



# WHAT TO BRING

- Athletic Clothing
- Soccer Cleats
- Soccer Skin Guards
  - Water
  - Snack
  - Sunblock
  - Bug Spray

# PLEASE CHECK CAMP

- □ Tot Soccer Camp
  Boys & Girls Ages 5 7
  August 7 to August 11
  9:00am to 12:00pm
  \$115
  Mine Falls Soccer Fields
- Soccer Camp
  Boys & Girls Ages 7 & 15
  August 7 to August 11
  9:00am to 3:00pm
  \$165
  Mine Falls Soccer Fields



# MORE INFORMATION

For more information about the camp please visit the Caramba Skills Camp website at Soccerskillscamp.org Email

carambasoccercamps@gmail.com